



**May 6, 2020**

***New Information From Your CPMG Medical Directors...  
... always interesting to us – hopefully useful to you!***

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**From:** "Morris, Kenneth MD" <[kmorris@rchsd.org](mailto:kmorris@rchsd.org)>

**Date:** May 5, 2020 at 5:51:51 PM PDT

**Subject:** CPCMGRCPMS COVID-19 Nightly Update 5/5/2020

Good Evening:

*These are nightly updates for all CPCMGRCPMS staff. Other valued community members which includes all CPMG affiliates and Radys Executives, as asked, have been included for the sake of collaboration. Please note that the information included herein is geared towards CPCMGRCPMS staff and while generally useful to the broad community, all aspects may not always be applicable to your respective organizations.*

Today is Cinco de Mayo (the 5<sup>th</sup> of May). To borrow a circulating quote: "Imagine a world where Cinco de Mayo happens to fall on Taco Tuesday only to be ruined by a virus named after a Mexican beer..." With all kidding aside, while a relatively minor holiday in Mexico that commemorates the Mexican army's May 5<sup>th</sup> battle victory over France, Cinco de Mayo has evolved into a commemoration of Mexican culture and heritage within the United States. Happy Cinco de Mayo for those that celebrate and please remember to social distance during your family fiestas!

Wednesday is the kick off of National Nurses Week (May 6<sup>th</sup>-May 12<sup>th</sup>). The culmination of the week on May 12<sup>th</sup> happens to coincide with Florence Nightingale's birthday, the founder of modern nursing. A big shout out goes to all of our nurses for their dedication and commitment to our patients and their profession. Let's thank them for their hard work during these challenging times. I owe personal gratitude to Valerie Diaz and Jason Decker who have worked 7 days a week since the COVID-19 outbreak began. They have never been too busy to answer a phone call or an email even when trying to unwind with their families.

Tomorrow, both Jason and Valerie are covering for me as I plan to take a day off testing the waters off of San Diego to make sure that they are safe for boating and fishing ☺. I got a chance to visualize the local bioluminescence phenomenon last night with the family (photos **attached**). This is the strongest red tide seen in the past 25 years and it is well worth visualizing the glow if you can find time. I suspect that some of you will have

taken much better photos. Hopefully, we will find some clean water during the foray offshore. With that said, if you require a consult tomorrow, please call Jason, Valerie or Dr. Breslow for guidance. Phone coverage in waters off Mexico is spotty at best. I will answer emails when I get back in and the Wednesday night COVID-19 update will be forthcoming.

There are a number of deals available to our nurses and healthcare workers. Tomorrow, Spitfire Tacos and Head Lettuce are closing exclusively to offer complimentary meals to all medical workers. See the **attached** photo. I suspect that a number of other offers will also be available.

### **RISK LEVEL**

We remain at **Risk Level 3**.

- Access:
  - All sites remain open and all sites continue to see well and sick visits in a modified format.
- Self-monitoring: For fever twice daily for all staff and providers.
- Incident Command:
  - No new updates

### **CASES**

#### **CPCMG/RCPMS:**

- Staff/Providers:
  - No positive provider cases (0 cases total to date)
  - No new positive staff cases (2 total to date-not health care acquired)
- Patients (15 total positive cases):
  - No new cases

#### **Riverside County:**

- Sunday Evening 5/3: 0.4% increase-4,180 positive cases with 4.2% of the TOTAL cases being in children 0-17 y/o
- Monday Evening 5/4: 4.0% increase-4,354 positive cases with 4.4% of the TOTAL cases being in children 0-17 y/o
- Tuesday Evening 5/5: 2.2% increase-4,454 positive cases with 4.3% of the TOTAL cases being in children 0-17 y/o

#### **San Diego County:**

- Sunday Evening 5/3: 2.2% increase-3,927 positive cases with 3.6% of the TOTAL cases being in children 0-19 y/o
- Monday Evening 5/4: 2.3% increase-4,020 positive cases with 3.8% of the TOTAL cases being in children 0-19 y/o
- Tuesday Evening 5/5: 3.4% increase-4,160 positive cases with 3.9% of the TOTAL cases being in children 0-19 y/o

### Statewide:

- Sunday Evening 5/3: 2.6% increase-53,616 positive cases with 3.1% of the TOTAL cases being in children 0-17 y/o
- Monday Evening 5/4: 2.4% increase-54,937 positive cases with 3.1% of the TOTAL cases being in children 0-17 y/o
- Tuesday Evening 5/5: 2.3% increase-56,212 positive cases with 3.2% of the TOTAL cases being in children 0-17 y/o

### **LEGAL EAGLE (from the Desk of Steve Lewis)**

Running in the same circles as our anti-vaxxer crowd, we have had a couple of troubling cases of non-compliers with regards to being screened or wearing a mandated face covering. We have made exceptions to our policy (and the public health policy) for some children that are sensory or neuro diverse challenged such as those with autism.

However, a couple of parents have flat out refused to wear a face covering (even when provided one) or be screened at the door. Unfortunately, this puts our staff and other patients at risk. We all have read the script: “No shirt, no shoes...no service.” We think that this can be expanded to “No shirt, no shoes, no screening (including face coverings).....no service.” We think that we need to stand our ground for the protection of everyone involved. If after being apprised of our policy and a parent/caregiver refuses to comply, they should not be let in and can be given the following alternative options:

- Offer for just the child (older teen) wearing a face covering to come in and be evaluated
- Consider seeing the patient in the car (as applicable)
- Offer the family a video visit (as applicable)

### **TESTING CRITERIA (repeated for reinforcement)**

*Clinicians should use their judgment to determine if the patient has signs and symptoms compatible with COVID-19 and whether the patient should be tested.*

**More important than testing is the message that if a patient has mild symptoms, is to self-isolate.**

San Diego Public Health is following a broader version of the California Department of Public Health (CDPH) guidelines for testing priority. Priority levels 1 & 2 should be our top focus. **With expanded capacity at Radys, testing of Priority 4 symptomatic patients without associated concerns can be considered (having family members who are essential workers, close contacts of PUI's, etc).**

#### **Priority 1**

- Symptomatic\* Healthcare workers
- Persons identified for testing by Public Health (i.e. residents/staff of homeless shelters, etc.)

#### **Priority 2**

- Symptomatic\* people having underlying conditions/risk factors
- Asymptomatic healthcare workers (particularly those in nursing facilities or hospital workers)

- Symptomatic\* persons in essential health (not identified in Priority 1) and first responders
- Screening of vulnerable populations not identified above (symptomatic\* and asymptomatic)
  - HIV/AIDS, homeless, those in rural areas, racial/ethnic groups, Native Americans, older adults
- **Symptomatic\* children being direct cared for by an older caregiver or caregiver with underlying conditions [Note: CDPH nor SDPH does not specifically identify this group but we feel that this falls into Priority 2 instead of Priority 4].**

### Priority 3

- Symptomatic\* essential workers

### Priority 4

- **Symptomatic\* patients/people who are low-risk**
- Surveillance testing of asymptomatic persons

*\*Symptoms= fever, cough, sore throat, nausea, vomiting, diarrhea, muscle aches, fatigue, new loss of taste or smell. In addition to these symptoms, the CDC has recently added chills, repeated shaking with chills, and headache to their list. Note that elderly people (and children) might not develop fever.*

### **TESTING LOCATIONS-SAN DIEGO (EXPANDED)**

There are now (3) State & (2) County Testing Locations Available. The State locations require an appointment, but do NOT require a physician referral. The County locations require both an appointment and physician referral.

#### State Locations

- **Grossmont College** 8800 Grossmont College Dr., El Cajon, CA 92020
- **Former Sears in Chula Vista** 565 Broadway, Chula Vista, CA 91910
- **North Inland Live Well Center in Escondido** 649 W Mission Ave., Escondido, CA 92025

Patients can make an appointment online: <https://lhi.care/covidtesting> or by calling 888-634-1123, Monday-Friday, 7 a.m.—7 p.m.

#### County Locations

- **SDCCU Stadium** in Mission Valley
- **South Region Live Well Center** 690 Oxford Street, Chula Vista, CA 91911

Patients can make an appointment by calling 2-1-1 and it requires a physician referral.

### **ANTIBODY TESTING (repeated for reinforcement)**

We continue to get a lot of family pressure from parents asking to have their children antibody tested. Please use the suggested criteria. If parents remain insistent, use a Quest draw center presuming that the patient has been asymptomatic for the previous 10 days AND review the testing limitations with them.

Limitations: When ordering antibody testing, the following limitations should be communicated to patients

- We do not know whether the presence of IgG antibody indicates full, partial or no immunity to COVID 19 and for how long.
- If an IgG antibody result is positive, we cannot rule in or out the positive as COVID-19 versus a non COVID-19 corona virus
- Antibody testing cannot rule out or rule in an active COVID-19 infection and if testing positive, we will need to follow this up with PCR testing.

Suggested Testing Considerations (Patients):

1. Patients with a Hx of COVID-19 like illness\* AND either have risk factors themselves or contact with other patients/caregivers at risk.
2. "Covid Toes" presentation

\*Note: 14 days past onset of sx's is preferable for testing due to increased accuracy.

### **INFECTION PREVENTION & CONTROL-Contact & Droplet Precautions**

- No New Updates

### **CMIO REPORT (from the desk of Dr. Michael Jacobson)**

#### **Knowledge Base**

Please visit the [CPCMG Knowledge Base](#) for all sign-ups, knowledge articles, and tip sheets.

**As a daily reminder to all staff and providers, if you have a fever (Temp  $\geq 100.0$ ), please do not come to work! If you are not feeling quite right, it is best to stay home. Besides taking care of yourselves, we need to keep co-workers and patients healthy.**

Thanks,

-KM

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[www.cpcmg.net](http://www.cpcmg.net)

# NATIONAL NURSES WEEK KICKOFF

COMPLIMENTARY MEALS FOR ALL MEDICAL WORKERS IN SAN DIEGO COUNTY

WEDNESDAY MAY 6TH | 11AM-8PM



In honor of our brave frontline workers we are closing both Spitfire Tacos and Head Lettuce exclusively for frontline medical employees. Complimentary meals will be provided to ALL medical workers in San Diego County including nurses, doctors, administration staff, and maintenance staff. Simply show your badge at checkout.

4150 Regents Park Row #175, La Jolla, CA 92037  
858.230.6748

[spitfiretacos.com](http://spitfiretacos.com) | [eatheadlettuce.com](http://eatheadlettuce.com)