



July 6, 2020

***New Information From Your CPMG Medical Directors...
... always interesting to us – hopefully useful to you!***

From: "Morris, Kenneth MD" <kmorris@rchsd.org>

Date: July 5, 2020 at 6:28:22 PM PDT

Subject: FW: Covid Chronicles Monday June 29, 2020

Here are the Covid Chronicles from this past Monday (put together by Dr. Breslow).
Wednesday and Friday are forthcoming.

-Ken

++++++**Sent on Behalf of Kenneth Morris, MD and Valerie Diaz, RN**++++++

Greetings Everyone:

People who are infected by COVID-19, but are asymptomatic or pre-symptomatic play an important part in community spread. In addition to physical distancing, the use of face coverings or face masks by everyone can limit the release of infected droplets when talking, coughing, and/or sneezing playing an important role in limiting the spread of COVID-19. Below are mandates that echo the updated California Department of Public Health guidance on use of cloth face coverings/face masks in a healthcare setting. This is supplemental to existing guidance listed on the Social Distancing and Sanitation Protocol.

A face covering or face mask should be worn in the following situations:

- Inside of, or in line to enter, any indoor public space (including CPCM/UCSD offices)
- Obtaining services from the healthcare sector in settings including, but not limited to, a hospital, pharmacy, laboratory or physician office (including CPCM/UCSD offices)
- Engaged in work, whether at the workplace or performing work off-site, when:
 - Interacting in-person with any member of the public
 - Working in any space visited by patients, regardless of whether patients are present at the time (this includes staff working in front and back office areas)

- A face mask is required in lieu of a face covering in such spaces
 - Working in or walking through common areas, such as hallways, stairways, elevators, and parking facilities
 - In any room or enclosed area where other people are present when unable to physically distance (includes CPCMG/UCSD conference rooms, breakrooms and large office space)
 - Any time for which physical distancing of 6 feet cannot be maintained
- While outdoors in public spaces when maintaining a physical distance of 6 feet cannot be maintained

The following individuals are exempt from wearing a face covering:

- Persons with a medical condition, mental health condition, or disability that prevents wearing a face covering. This includes persons with a medical condition for whom wearing a face covering could obstruct breathing
 - Persons exempted from wearing a face covering due to a medical condition who are employed in a job involving regular contact with others should wear a non-restrictive alternative, such as a face shield as long as their condition permits it
 - A doctor's note is required
- Persons who are hearing impaired, or communicating with a person who is hearing impaired, where the ability to see the mouth is essential for communication

REMEMBER!

- Masks should always be worn to fully cover the nose and mouth
- Once employee/provider has been issued a mask, they are to wear it all day (unless it becomes dirty/ soiled)
- Touching the mask (or face) should be avoided. When removing the mask, pull it off by the ear loops
- “Breather breaks” can be taken when isolated and, of course, to eat and drink in areas where employee/provider can remain isolated from others
- Performing hand hygiene after touching, removing or reapplying mask

- If wearing a face covering, it should fit snugly and be worn over the nose and mouth
- Be sure to wash cloth face coverings daily
- Masks with exhaust valves are not allowed to be worn by patients, visitors or employees within our facilities

As a reminder, willful disregard of the organizations' safety policies and protocols may result in disciplinary action up to and including termination. Safety is everyone's responsibility.

Reference: CDPH Guidance for the Use of Face Coverings

https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/COVID-19/Guidance-for-Face-Coverings_06-18-2020.pdf

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