

# COVID-19 Vaccines

## DEBUNKING THE MYTHS

SANFORD  
HEALTH

### VACCINE MYTH

### VACCINE FACT



It was rushed and isn't safe

Researchers took no safety shortcuts. Large studies show the vaccine is safe.



It changes your DNA

It's impossible for the vaccine to change your DNA



It can give you COVID-19

The vaccine doesn't contain a live virus strain



It contains egg protein

It doesn't contain egg proteins and can be given to people with egg allergies



It causes severe side effects

For most, the vaccine causes mild side effects that resolve in a few days



It makes women infertile

There is no evidence that the vaccine causes infertility

