

# Provider Link

To: CPMG Providers

From: Children's Physicians Medical Group, Inc. (CPMG)

Date: May 4, 2023

Re: **Initial Health Assessment (IHA) Update**

---

## **What's new in 2023**

- The Individual Health Education Behavior Assessment (IHEBA) and the Staying Healthy Assessment (SHA) forms are no longer required.
- Initial Health Assessment is now called *Initial Health Appointment (IHA)*.

The Department of Health Care Services (DHCS) requires all new Medi-Cal members complete their comprehensive Initial Health Appointment with a provider within the primary care setting within 120 days from plan enrollment. The Initial Health Appointment (IHA) can be completed by a primary care physician (PCP), nurse practitioner, certified nurse midwife, or physician assistant.

At a minimum, it must include:

- Physical, social, or mental health histories.
- Preventive care services.
- Physical examination.

DHCS requires the IHA for all newly enrolled patients, including those with disabilities. Providers must follow DHCS requirements for completing the IHA in accordance with DHCS Plan Letters 08-003 and 13-001. Many health plans offer incentives when a provider completes an IHA for new Medi-Cal members within 120 days.

Should you have any questions regarding this notification, please contact CPMG Provider Relations at [providerrelations@rchsd.org](mailto:providerrelations@rchsd.org) or phone (858) 634-4954.

Visit us on our website: [www.CPMGsandiego.com](http://www.CPMGsandiego.com)