

Keeping Athletes in the Game

Rady Children's Hospital Orthopedics Division will host a half-day lecture focusing on Keeping Athletes in the Game. This half day conference will provide the most current evidence supported assessment and management of orthopedic and sports health in youth. This CME will include content specific to physicians, nurses, certified athletic trainers, physical therapists and coaches.

Saturday, July 13, 2024

8:00 AM - 1:30 PM

7:30 AM - Registration and Breakfast

8:00 AM - Program Begins

Education Office Building - Rady Children's Hospital-San Diego
7960 Birmingham Drive, San Diego, CA 92123 (map attached)

Earn 4.0 CME Credits!

\$15 | Early Registration Fee

\$20 | Registration Fee
At the door

Osteochondritis Dissecans (OCD)

Andy Pennock, MD
Orthopedics

Hip Pain in Adolescents and Young Adults

Matt Schmitz, MD
Orthopedics

Physical Therapy Treatment for Hip Pain

Allison Angeli, PT
Suzi Collins, PT
Physical Therapy



Apophysitis and Osteochondrosis: Common Causes of Pain in Growing Bones

Suraj Achar, MD
Orthopedics

Nutrition and Supplements in Adolescent Athletes

Erika Pruss, MD
Orthopedics

Moderator

Sarah Gilleland, MBA, MS, ATC
Orthopedics

Rady Children's Hospital-San Diego

Objectives: At the conclusion of this course, participants should be able to (1) Identify when radiography if helpful for diagnosing these conditions and when it's often not necessary. (2) Be familiar with surgical and nonsurgical options for hip pain in young adults. (3) Participants will explore different strategies for addressing hip range of motion. (4) Participants will better understand how strength and control at the hip can be facilitated in a treatment progression.

Accreditation: The University of California, San Diego School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of California, San Diego School of Medicine designates this live activity for a maximum of 5.0 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The following Boards recognize the use of Category 1 Continuing Medical Education credit toward credit for contact hours. Report "CME Category 1 credit" ACCME Provider.

American Academy of Physician Assistants
California Board of Registered Nursing

California Board of Psychology
California Board of Pharmacy



Scan QR Code to Register OR fill out form below.

Please Register & Pay by July 8, 2024

Name _____ Title _____

Email _____ Phone _____

Circle In-Person OR Virtual

For Credit Card payment: Visa/MasterCard/American Express/Discover

CC# _____ Exp. _____ Billing Zip Code _____ Security Code _____

Mail to: Rady Children's Hospital-San Diego
3020 Children's Way, MC 5101, San Diego 92123 Attn: Berenice Lucero
Questions - blucero@RCHSD.org or (858) 966-7572 or FAX (858) 966-4957

Cancellations received on or before July 11, 2024 will be fully refunded.
Due to costs incurred, cancellations received after July 11, 2024 will not be refunded.
"Any profits from this event will be used to benefit future practical pediatric educational events"