

Growth Hormone – Initial Authorization

Please complete this form, attach supporting clinical documentation, and fax to CPMG at 858-309-7977, or upload to authorization submission via EZ-Net. Failure to provide this form may result in a delay in processing of your request.

Referring Provider: _____ Provider Contact Phone #: _____

Member Name: _____ Member ID #: _____

Member DOB: _____ Member Age: _____ Member Health Plan: _____

Rendering Vendor: _____ Diagnosis Code (ICD-10): _____

CPT Code(s): _____

FOR ALL MEMBERS:

- Height _____ cm = _____ SD's below mean
What is the mid-parental height? _____ cm
- Open bone epiphysis (X-Ray date: _____)
- GH deficiency (failure to produce GH value of greater than or equal to 10 mcg/L following 2 standard tests)
Tests completed:

| | |
|---|--|
| <input type="checkbox"/> Insulin | <input type="checkbox"/> Glucagon |
| <input type="checkbox"/> Arginine plus GHRH | <input type="checkbox"/> Propranolol |
| <input type="checkbox"/> L-arginine | <input type="checkbox"/> Other, please specify _____ |
| <input type="checkbox"/> Clonidine | |
- Growth Velocity is below normal, specify % over 1 year: _____

FOR MEMBERS WITH SPECIFIED DIAGNOSES:

- Member has been diagnosed with Prader-Willi Syndrome – confirmed by genetic testing.
- Member has been diagnosed with Turner's Syndrome – confirmed by chromosome analysis.
- Member has been diagnosed with Chronic Renal Insufficiency and is at least 1 year post-transplant.
- Member has been diagnosed with SGA or IUGR AND has one of the following (attach growth curves from birth through present):
 - Failed to manifest catch up growth by age 2
 - Failed to manifest catch up growth by age 3

FOR MEMBERS WITH IDIOPATHIC SHORT STATURE:

- Member has a delayed bone age at more than 18 months
- Member is -2.5 SD below the mean in height for age
- Member has growth rate less than 5 cm/year, or less than the 10th percentile in velocity for age, documented over at least a one year period.