



## Quick Reference Guide – Community Health Group

**Rady Children’s Utilization Management Department**

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**EZ-Net Online Authorization Submission:** eznet.rchsd.org

**Phone:** (877)276-4543

**Urgent Requests** – Requests should only be marked as “Urgent” if the treatment is required to prevent serious deterioration in the member’s health. Requests not meeting this definition will be handled as non-urgent.

### DIRECT IN-NETWORK SPECIALIST REFERRALS

Patients must be referred to in-network specialists listed on the Rady Children’s Specialists of San Diego (RCSSD) contracted providers list. Referrals to non-RCSSD specialists require prior authorization. Direct referrals to in-network specialists do not require an authorization or notification to Rady Children’s, except as specified below.

### SERVICES REQUIRING PRIOR AUTHORIZATION

- Acupuncture
- Bariatric Surgery Services
- Chiropractic
- Circumcision
- CT Scans (for diagnosis of **headache** only\*\*)
- Dental Anesthesia
- Dermatology Consultations (for diagnosis of **acne** only\*\*)
- Developmental Behavioral Pediatrics Services
- ENT (Otolaryngology) Consultations (for diagnosis of **Otitis Media** only)
- Endocrinology Consultations (for diagnosis of **short stature** only\*\*)
- Gastroenterology Consultations (for diagnosis of **constipation, GE Reflux, or chronic abdominal pain** only\*\*)
- Genetic Testing
- Injectable Medications\* (excludes allergy injections, antibiotics, or immunizations)
- MRI – diagnosis of **headache** or **TMJ** only (**headache** diagnosis requires an additional form)
- Neuropsychology Services
- Oral Surgery
- Out of Network Services
- PET Scans
- Plastic Surgery/Reconstructive Services/Cosmetic Procedures (Procedures/Surgeries ONLY)
- Podiatry Services
- Radiation Oncology (including Proton Beam Therapy)
- Rheumatology Consultations<sup>◊</sup>
- Therapy (Occupational, Physical, Speech, or Swallow) – includes evaluations & treatment
- Urology or Surgery Consultations (for **circumcision** only\*\*)

\*Refer to “Injectable/Infusion Medications Guide” for authorization/provider guidelines

\*\*Additional Rady Children’s pre-authorization forms required

◊ Additional Rady Children’s form is required for joint pain only

### Services Directly Authorized by Community Health Group

Applied Behavioral Analysis (ABA) Therapy (Behavioral Health Plan)	Infusion Medications
Behavioral Health Services (Behavioral Health Plan)	Inpatient Admissions
Cochlear Implants/Hearing Aids	Transplants (CCS)
Durable Medical Equipment (DME) or Orthotics/Prosthetics	Vision Services (Vision Plan)
Home Health Services/Shift Nursing	