April 6, 2020

New Information From Your CPMG Medical Directors…
… always interesting to us – hopefully useful to you!

From: "Morris, Kenneth MD" <kmorris@rchsd.org>
Date: April 5, 2020 at 5:21:34 PM PDT
Subject: CPCMG/RCPMS COVID-19 NIGHTLY UPDATE 4/5/2020

Good Evening:

These are nightly updates for all CPCMG and RCPMS staff. Other valued community members which includes all CPMG affiliates and Radys Executives, as asked, have been included for the sake of collaboration.

Take Two on Dr. Fauchi: Apparently I have a short memory as I was reminded that Dr. Fauchi was the commencement speaker at my medical school graduation 25+ years ago. I do recall a bunch of protestors outside of the graduation arena (he had his following then, protesting the handling of the HIV epidemic). Perhaps I internalized some of his messaging that has helped guide me through this pandemic…

RISK LEVEL
We remain at **Risk Level 3**.

- Access:
  - All sites remain open and all sites continue to see well and sick visits in a modified format.
- Self-monitoring: For fever twice daily for all staff and providers.
- Incident Command: No changes.

CASES
CPCMG:

- No positive cases for staff/providers that have been tested.
- No new positive patient cases.

Riverside County:

- Thursday Evening 4/2: 13% increase
- Friday Evening 4/3: 23% increase
- Saturday Evening 4/4: 4% increase -665 total cases with 6 cases in children 5-17 y/o
- Sunday Evening 4/5: 17% increase-799 total cases with 10 cases in children 5-17 y/o (1.2%)

San Diego County:

- Thursday Evening 4/2: 12% increase
- Friday Evening 4/3: 13% increase
- Saturday Evening 4/4: 8% increase-1209 total cases with 14 confirmed cases in the 10-19 y/o age range and 10 cases in the 0-9 y/o age range.
    - The pediatric case detection rate is 2.0% of the total number of cases (this includes patients through 19 y/o).
- Sunday Evening 4/5: 9% increase-1326 total cases with 15 cases in the 10-19 y/o age range and 10 cases in the 0-9 y/o age range.
    - The Pediatric case detection rate is 1.9% of the total number of cases (this includes patients through 19 y/o).

Statewide:

- Thursday Evening 4/2: 11% increase
- Friday Evening 4/3: 14% increase
- Saturday Evening 4/4: 9% increase-12,026 positive cases with 1.1% of the TOTAL cases being in children 0-17 y/o.
- Sunday Evening 4/5: 10.5% increase-13,438 total cases with 1.2% of the TOTAL cases being in children 0-17 y/o.

ZOOM SECURITY

Many of you have been hearing concerns on the news being raised with regards to Zoom "bombing" and hacking incidents. When Radys began using Zoom a couple of years ago, they were offered a regular service and a HIPAA compliant service. They chose the latter and please note that "Zoom is encrypted end to end as long as you log on using your rchsd.org account." This comes straight from Albert Oriol, Rady's CIO.

COMMUNITY ACCESS TO CARE-RADIOLOGY

I have gotten a lot of feedback with regards to Imaging Healthcare Specialists (IHS) being singled out in particular for not performing CXR's. One clinician remarked that they wouldn't do a CXR if a patient was being tested. Yet, if a CXR was ordered in a symptomatic patient, they would question why testing was not being done. I have let my colleagues know at SD Public Health and we will see if they can help IHS with some mutually beneficial guidelines to safely perform CXR's.

When IHS has performed the CXR, several providers have gotten calls from the radiologists saying that the x-rays were "classic" for COVID-19 and advised immediate testing. In all cases to date where this was done, the tests have been negative so it is not clear what defines a classic case of COVID on a CXR. In a couple of cases, results came back for mycoplasma and another having a combined rhinovirus/enterovirus result.

TESTING & TESTING LOCATIONS (repeated to drive the point home)

Clinicians should use their judgment to determine if the patient has signs and symptoms compatible with COVID-19 and whether the patient should be tested.

More important than testing is the message that if a patient has mild symptoms, is to self-isolate.

Testing of patients should be reserved for those that are symptomatic and for which management will change. The following are groups for testing consideration:

- Healthcare workers
    - Please note that this does not include testing of symptomatic children or family members of healthcare workers except for unusual scenarios.
- Parents with direct care of an elderly person or other patients/persons at significant risk (testing to be done by their PCP's direction)
- A symptomatic child with significant risk factors

Testing Locations/Testing Supplies:

- No new information

INFECTION PREVENTION & CONTROL-Contact & Droplet Precautions

- Face Coverings & The General Public:
    - Riverside: With a new public order being issued yesterday, all people including essential workers must wear a face covering (including while at work). Healthcare workers that are in a clinical patient facing role are already wearing a mask. People in non-clinical situations are discouraged from wearing surgical masks or N95 masks. This comes on the heels of two Riverside County sheriffs who passed away from COVID-19.
    - San Diego: Essential workers comprising grocery/convenience stores, pharmacies, restaurants and gas stations must wear face coverings. The general public is strongly encouraged to wear face coverings as well. Healthcare workers are NOT mandated to wear face coverings while at work due to the fact that we are working in a controlled environment (we are monitoring temperatures twice daily for all staff and screening patients). Note: Healthcare workers with direct patient contact have been wearing masks.
    - DIY: Please see the attached do it yourself face covering guidelines for those that are handy. Several other diagrams have surfaced online and in the newspapers. For those that are not handy: neck gaiters, pre-fabricated cloth masks, bandanas and scarves can be used.

The following section is submitted by Dr. Michael Jacobson, CMIO

KNOWLEDGE BASE
Please visit the CPCMG Knowledge Base for all sign-ups, knowledge articles, and tip sheets.

As a daily reminder to all staff and providers, if you have a fever (Temp ≥100.0), please do not come to work! Besides taking care of yourselves, we need to keep co-workers and patients healthy.

Thanks,

-KM

Kenneth H. Morris, MD, FAAP
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