

Rheumatology Guideline

No Need to Refer to Rheum

- +ANA (low or has otherwise normal labs)
- Intermittent joint pain
- Hypermobility
- Chronic body pains/AMPS/fibromyalgia
- Resolved HSP
- "+FH autoimmune disease"
- "R/o autoimmune disease"

Please Refer to Rheum

- JIA: persistent arthritis at least 6 weeks
- Lupus: Cytopenia with +ANA and low C3, C4, high ESR
- JDMS: Characteristic rash and myositis
- Systemic vasculitis: Tends to be very sick requiring hospitalization
- CRMO: bone pain with +imaging and biopsy showing osteomyelitis and negative culture
- Scleroderma
- Autoimmune uveitis

Please Refer to Other

- Fever syndrome: Immuno
- Immunodeficiency: Immuno
- Kawasaki Disease: KD
- Neuroimmune/PANS: Neuro
- Hypermobility/Mech: PT
- EDS: Genetics Clinic
- AMPS: Pain Clinic
- HSP with abnormal UA: Nephro

Reviewed 4/25/24